

# CVCA Board of Directors Members

Role	Name & Credentials	Affiliation
President	Jeff Lown, MA/EdS, Resident in Counseling	Crossroads Counseling Center
Pres. Elect	Aaron Boggs, MA/EdS, Resident in Counseling	Northwestern Community Services
Secretary	Rachel Tysinger, MA/EdS, Resident in Counseling	JMU Counseling Center
Sec. Elect	Olivia Gillies, MA/EdS, Resident in Counseling	JMU Counseling Center
Treasurer	Hannah Hall, MA	McNulty Center
VCA Convention Liaison	Teresa Haase, Ph.D., LPC, ACS	Eastern Mennonite University
Newsletter Editor/Webmaster	Charles Shepard, LPC, NCC	Augusta Psychological Associates & JMU Ph.D. student

*All submission for publication, questions, comments, or other types of correspondence regarding the Central Valley Counselor's Advocate can be sent to Charles Shepard, LPC, NCC at [cshepard.lpc@gmail.com](mailto:cshepard.lpc@gmail.com). The newsletter aims to publish quarterly. All submissions are subject to peer review and minor editing for space and content.*

## *Shepard: CVCA members excel as advocates*

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Rockingham, and Shenandoah Counties as well as the independent cities of Harrisonburg, Staunton, and Waynesboro, is home to a substantial immigrant population and a substantial number of local citizens who benefit from Medicaid health insurance. Controversies related to immigration and access to health insurance directly impacted these members of our society. Additionally, race relations were prominent in the media, as were issues related to promoting equality among gender and sexual diversity.

It was nearly impossible not to have opportunities to engage with these issues in the classroom and consulting room this year. Many of us were compelled to review the 2014 American Counseling Association (ACA) Code of Ethics (<https://www.counseling.org/resources/aca-code-of-ethics.pdf>) and the 2003 ACA advocacy competencies ([https://www.counseling.org/Resources/Competencies/Advocacy\\_Competencies.pdf](https://www.counseling.org/Resources/Competencies/Advocacy_Competencies.pdf)).

Thankfully, the Central Valley is also home to two prominent universities—James Madison and Eastern Mennonite—which attract and train great minds and hearts of the field. Not only are CVCA members addressing these issues in their direct-contact work, but they are also working to develop innovations and best practices for understanding what it means to be a person in a vulnerable position, what it means to suffer as a vulnerable person, and how do we, as helping professionals, work best to ease that suffering. Each of our sections—Member Spotlight, Clinical Contributions, School Contributions, and Counselor Education and Supervision Contributions—features the story or the writings of members who are doing just that.

Please enjoy this edition. May you be inspired.

*Charles Shepard, LPC, NCC is editor of the Central Valley Counselor's Advocate. He can be reached at [cshepard.lpc@gmail.com](mailto:cshepard.lpc@gmail.com)*

## CVCA news briefs

■ The Eastern Mennonite University Master of Arts in Counseling program won a \$1.3 million federal grant. For details and photos, visit [http://www.dnronline.com/news/harrisonburg/emu-counseling-growing/article\\_3e018340-c364-11e7-8379-c77c8a4772bc.html](http://www.dnronline.com/news/harrisonburg/emu-counseling-growing/article_3e018340-c364-11e7-8379-c77c8a4772bc.html)

■ The CVCA was named the 2017 VCA Large Chapter of the Year at the VCA Convention in November. It was the eighth consecutive time CVCA has won the award.